

patients suffering from a cold in the head—that is to say, from congestion of the mucous membrane of the nose—a hot bath, and medicine which will excite the action of the skin, and cause profuse perspiration; will quickly relieve the nasal trouble; and, for the same reason, the same action will benefit patients suffering from bronchitis or laryngitis, or from various disturbances of the mucous membranes of the stomach and intestines. This will explain to you the reason why in such complaints medicines are given whose effect is to produce profuse perspiration; because it is known that by exciting the action of the skin, and thus relieving the congestion of its vessels, the congestion of internal mucous membranes will be most quickly removed.

(To be continued.)

Appointments.

WE have the pleasure to announce that Miss Martha D. Farquharson has been elected Lady Superintendent of the Melbourne Hospital, the most important Hospital in Victoria. As late as the 5th of October of this year, we published a portrait and short *resumé* of Miss Farquharson's Nursing career, from which it will be remembered that she was trained under Miss E. G. Hanan, at the Crumpsall Infirmary, Manchester, and subsequently went to Australia, where she has occupied the responsible positions of Matron to the Coast Hospital, Sydney, Lady Superintendent to Dr. Fitzgerald's Private Hospital, and has for the last five years been Matron of the Alfred Hospital in Melbourne. Miss Farquharson is the Local Secretary for Victoria, of the Royal British Nurses' Association, and the only Honorary Member of the Matrons' Council at present in Australia; the latter honour was recognised as a great distinction by the Committee of the Melbourne Hospital, whom we congratulate upon their wise selection of a Lady Superintendent, feeling sure that under the able and progressive management of Miss Martha D. Farquharson, the Nursing School in connection with the Melbourne Hospital will take a high position in the Colony.

Miss Adeline Griffiths has been appointed Matron of the St. George's Infirmary, Fulham. Miss Griffiths was trained at the Huddersfield Infirmary, from 1879 to 1882; was Sister at the Seaman's Hospital, Greenwich, from 1882 to 1884. She has also had experience in a Home Hospital, and in private Nursing, and has gained valuable experience as assistant Matron at the Kensington Infirmary, and as Matron of the Darent Imbecile Schools, so that she brings a wide and varied experience of Nursing to her new and responsible work. Miss Adeline Griffiths is a member of the Matrons' Council.

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(Incorporated by Royal Charter.)



THE withdrawal of Miss Louisa Hogg, the Head Sister of the Royal Naval Nursing Service, from the Executive Committee of the Royal British Nurses' Association, is a serious loss to the national character of the Association. Miss Hogg was an early and most influential member, and as the head of Her Majesty's Naval Nursing Service, accepted office as an *ex-officio* member of the Council and Executive Committee, upon the unanimous request of her colleagues. With the other founders, she was summarily removed from the Council in July, by the determined action of those members of the Executive Committee who refused, or as they term it "postponed," the summoning of the special meeting requisitioned by the sixty-nine members, who were desirous of altering the ambiguous Bye-laws, and retaining such influential members as Miss Louisa Hogg as *ex-officio* officers. The Nurses strongly resent the proceedings which have deprived their professional Association of Nurses, of the support and prestige of women holding the leading positions in their profession. We have no doubt, however, that our new Hon. Medical Officers will see that the Bye-laws are enforced in future, and that the next general meeting which is requisitioned by the members of the Corporation will be convened in accordance with the Charter and Bye-laws.

As we go to press, a meeting is being held at the Sussex County Hospital, Brighton, upon the invitation of the Matron, Miss Scott, for the purpose of setting forth: (1) The objects of the Royal British Nurses' Association. (2) The advantages of belonging to the Association. (3) The question of forming a local centre of the Association in Brighton.

We have no doubt, with the able support of the Matron of the principal Hospital, a flourishing centre could be started in Brighton for the town and county, as there are necessarily many Nurses at work at the health resorts along the south coast.

A local centre is being organised at Newcastle for the Counties of Durham and Northumberland.

SESSIONAL LECTURES, 1895-6.

- November 22nd, 1895, 8 p.m.—"On the Importance of Breathing Fresh Air." Louis H. Parkes, Esq., M.D., D.P.H., &c.
January 24th, 1896, 8 p.m.—"Mountain Myths and Legends," (illustrated by Magic Lantern). T. Clinton Dent, Esq., F.R.C.S., &c.
February 21st, 1896, 8 p.m.—"Bacteriology" (with demonstrations). F. J. Wethered, Esq., M.D., &c.
March 21st, 1896, 8 p.m.—Miss Mollett (Lady Superintendent, Royal Hants Infirmary).
April , 1896, 8 p.m.—Sir James Crichton-Browne, M.D., F.R.S.

The Annual Conversazione will take place at the Institute of Painters in Oil Colours, Piccadilly, W., on Monday, December 9th, 1895, at 8.30 p.m. Tickets

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